

JANA NAYAK CHANDRASHEKHAR UNIVERSITY
BALLIA-277001, UTTAR PRADESH
FACULTY OF SOCIAL SCIENCE



SUBJECT- SOCIAL WORK

APPROVED BY THE BOARD OF STUDIES

JNCU, BALLIA (U.P)

COMMON MINIMUM CURRICULUM

AT

(U.G. Level)

For

{UTTAR PRADESH STATE UNIVERSITIES}

2020-21

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Structure of the Papers

CLASS	NAME OF THE PAPERS	MAX. MARKS	REMARKS
B.A. I	First Paper- Introduction to Social Work	80	Model of question paper for examination will be decided by concerned universities
	Second Paper- Human Growth and Development	80	—do—
	<i>Extension Activities</i>	40	Field work in urban and rural communities
B.A. II	First Paper- Fields of Social Work	80	Model of question paper for examination will be decided by concerned universities
	Second Paper- Contemporary Social Problems	80	—do—
	<i>Extension Activities</i>	40	Class and Home Assignments, Presentations, Debates, Essay Writing Competitions, Baseline Surveys, NGO'S visit, Viva-voce and Attendance
B.A.III	First Paper- Social Policy and Development	80	Model of question paper for examination will be decided by concerned universities
	Second Paper- Social Justice and Human Rights	80	—do—
	Third Paper- Social Action and Movements	80	—do—
	<i>Extension Activities</i>	60	Home/class assignment, presentation, debates, essay writing competition, NGO'S visit, viva-voce and Attendance
	Total Marks	700	

B.A. – I

**First Paper
Introduction to Social Work**

Course Objectives:

- 1- To develop the understanding of social work profession and its scope.
- 2- To acquire knowledge of the historical development of social work.
- 3- To acquire knowledge of the basic concepts about methods of social work.

Unit- I

Social Work: Meaning, definition, objectives and scope, Social Work as a profession. Historical development of social work in India, America, and England. Status of Social Work as a profession in India.

Unit- II

Social Case Work: Meaning, definition, objectives and principles, 4P's. Role of case worker. **Social Group Work:** meaning, definition, objectives, principles and skills in working with different types of formed groups.

Unit- III

Community Organization: Meaning, definition, objectives and principles and models. Role of social worker in organizing the community.

Social Welfare Administration: meaning, definition, objectives and principles. Administration of social work organization.

Unit- IV

Social Work Research: Meaning, definition, objectives, types and steps.

Social Action: meaning, definition, objectives, principles and techniques. Social action as a quest for just society. Role of social workers as activists.

Suggested Readings:

- 1- Ahmad, M. R. (1969): *Samaj Karya: Darshan Evam Pranaliyan*, Lucknow: British Book Depot.
- 2- Chowdhry, D. Paul (1983): *Introduction to Social Work*, New Delhi: Atma Ram & Sons.
- 3- Friedlander, W. A. (1958): *Concept and Methods of Social Work*, Eaglewood: Prentice Hall.
- 4- Khinduka, S. K. (1962): *Social Work in India*, Jaipur: Sarvodaya Sahitya Samaj
- 5- Misra, P. D. (2003): *Samaj Karya: Itihas, Darshan Evam Pranaliyan*, Lucknow: New Royal Book Co.
- 6- Misra, P. D. (2004): *Social Work Profession in India*, Lucknow: New Royal Book Co.
- 7- Singh, Surendra and R. B. S. Verma (2002): *Bharat Mein Samaj Karya Ka Kshetra*, Lucknow: New Royal Book Co.
- 8- Soodan, Kripal (1983): *Samaj Karya Darshan, Etihad Evam Pranaliyan*, Lucknow: Nav Jyoti Scientific Publications.
- 9- Soodan, Kripal (1988): *Samaj Karya: Siddhanta Evam Abhyas*, Lucknow: Nav Jyoti Scientific Publications.
- 10- इनाम शास्त्री, ए.एस (2006)रू *व्यावसायिक समाज कार्य*, गुलश्री पब्लिकेशन, वाराणसी।
- 12- पाण्डेय, मणिदूषण (2010)रू *समाजकार्य-दर्शन, सिद्धान्त एवं अभ्यास*, लोक सेवा पब्लिकेशन, वाराणसी।
- 13- पाठक, आर.सी. (2002)रू *समाजकार्य-दर्शन, इतिहास, क्षेत्र एवं प्रणालियाँ*, विजय प्रकाशन मंदिर, वाराणसी।
- 14- शास्त्री राजाराम (2010)रू *समाजकार्य*, 30प्र० हिन्दी ग्रन्थ अकादमी, लखनऊ।

B.A. – I

Second Paper

Human Growth and Development

Course Objectives:

- 1- Understand the basic concepts and processes in psychology for social work practice.
- 2- Develop understanding about the developmental characteristics and needs of individual at various stages of life span.
- 3- Develop skills and knowledge of applying psychological information in assessing the psycho-social problems of different age groups.

Unit-I

Concept of growth, maturity and development. Principles and characteristics of development. Role of heredity and environment in human development.

Theories of Development: Sigmund Freud's Psycho-Sexual theory, Erik Erickson's psycho-social theory and Jean Piaget's Cognitive Developmental Theory.

Basic Human Needs: concept and types.

Unit-II

Behaviour: Concept, characteristics and types. Learning: definition, characteristics and types. Attitude: formation, change and measurement. Social institutions of socialization.

Personality: Meaning, characteristics and determinants.

Unit-III

Different Stages of Human Development- I *

Prenatal Development. Infancy. Early Childhood. Middle and Late Childhood

Unit-IV

Different stages of Human Development- II *

Adolescence. Early Adulthood. Middle Adulthood. Late Adulthood or Old Age.

*Note- Each developmental stage has to be covered in terms of time span, major developmental task, needs, developmental characteristics, stressful situations and role of social worker.

Suggested Readings:

- 1- Baron, R.A. and D. Byrne (1998): *Social Psychology*, New Delhi: Prentice Hall.
- 2- Hurlock, E.B. (1992): *Child Growth and Development*, New Delhi: Tata McGraw Hill.
- 3- Hurlock, E.B. (1992): *Personality Development*, New Delhi: McGraw Hill.
- 4- Hurlock, E.A. (1994): *Developmental Psychology- Lifespan Approach*, New Delhi: Tata Mc Graw Hill.
- 5- Hall, C.S., G. Lindsay and J. B. Campbell (1998): *Theories of Personality*, New York: John Willey & Sons, Inc.
- 6- Hilgard, Ernest R. and Rital Atkinson (1979): *Introduction to Psychology*, New York: Harcourt Brace Jovanovich Inc.
- 7- Kuppuswamy, B. (1980): *An Introduction to Social Psychology*, Mumbai: Media Promoters and Pub. Pvt. Ltd.
- 8- Morgan, C.T., R. A. King, J. R. Welsz and J. Schopler (2003): *Introduction to Psychology (7th Edition)*, New Delhi: Tata McGraw Hill Publication Company Limited.
- 9- Robinson, L. (1995): *Psychology for Social Workers*, London: Routledge.
- 10- Sudbery, J. W. (2018): *Human Growth and Development: An Introduction for Social Workers*, S.I.: Routledge.
- 11- वर्मा, भावना एवं संदीप गिरि (2017): *मानव विकास : व्यवहार एवं व्यक्तित्व*, आराणसी: भारती प्रकाशन।
- 12- सिंह, अरूण कुमार (2006) *उच्चतर मनोविज्ञान*, दिल्ली : मोतीलाल बनारसी दास चतुर्वेदी पब्लिकेशन ।

B.A. – II
First Paper
FIELDS OF SOCIAL WORK

Course Objectives:

- 1- To introduce the concept of various emerging fields of social work.
- 2- To impart knowledge of the role of social work in emerging fields.
- 3- To Learn the Issues and Connections with social work practice

Unit-I

Children in Difficult Circumstances: Definition of child, working children, disabled children, street children, trafficked children and children living with HIV/AIDS.

Youth Development: Nature and scope, problems of youth in India, causes of youth unrest. National Youth Policy.

Women Empowerment: Concept and dimensions, factors affecting status of women in India, demographic profile related to education, health, employment and political participation.

Unit-II

Senior Citizens: Psycho-physical and social problems of aged persons, constitutional provisions for the aged. Role of social worker.

Public Health: concept and indicators of health, Concept of WASH (Water and Sanitation Hygiene) and MHH (Menstrual Health and Hygiene).

Unit-III

Gender Justice: Concept, root causes and manifestations. Forms of gender based violence. Role of social workers towards changing gender social norms and forming gender equitable society.

Ecology and Environment: Concept and challenges. Sustaining the environment.

Disaster: Concept and types. Disaster management. Role of NDRF.

Unit-IV

Substance Abuse: Problem of alcohol and drug dependence, role of social worker in deaddiction.

Homeless: Incidence and problem of homeless. Social work and homeless.

Unorganized Labour: Meaning, problems, working conditions, constitutional provisions.

School Social Work: Concept and needs, social work intervention for special needs children and slow learner children.

Suggested Readings:

- 1- Abuja, Ram (2004): *Samajik Samasyayein*, New Delhi: Rawat Publications.
- 2- Chaudhary, Anil Kumar (2017): *Samkalin Samaj Karya Chetra* (Eds.), Varanasi: Pilgrims Publishing.
- 3- Gupta, M. L and D. D. Sharma (2013): *Bhartiya Samajik Samasyayein*, Agra: Sahitya Bhavan Publication.
- 4- Kumar, Amit (2006): *Paryavaran Adhyayan*, New Delhi: Vishwa Bharti Pub..
- 5- Kushwaha, Madhu (2014): *Gender and Education*, Varanasi: Gangasaran and Sons.
- 6- Park, K. (2009): *Preventive and Social Medicine*, Jabalpur: Banarasidas Bhanot Publishers
- 7- Sachdeva, D. R. (2003): *Bharat Mein Samaj Kalyan Prashasan*, Allahabad: Kitab Mahal.
- 8- Singh, Virendra Yadav (2010): *Bhartiya Musalman Dasha Evam Disha*, New Delhi: Radha Publications.
- 9- Tripathi, D. S. (2005): *Paryawaran Adhyayan*, New Delhi: Motilal Banarasidas.

B.A. -II
Second Paper
Contemporary Social Problems

Course Objectives:

- 1- To understand the concept of social problem.
- 2- To orient learner about contemporary social problems.
- 3- To understand the structural problems of society.
- 4- To learn intervention strategic resolving Social Action.

Unit – I

Social Problem: Concept and characteristics. **Major social problems of India:** Casteism, communalism, terrorism, organized crime and corruption. Emerging issues: hate crimes, mob lynching and road rage.

Unit – II

Child Maltreatment: Child abuse and neglect, sexual abuse of children, child welfare services, day care, adoption, foster care.

Spousal Abuse: Dynamics of spousal abuse, cycle of domestic violence, children's reaction to spousal abuse, counselling battered women, counselling abusive partner.

Elder Abuse: Types and incidence of elder abuse, identification of elder abuse.

Unit – III

Maternal and Child Health: Maternal deaths, child mortality and sex-selective termination of pregnancy. Issues related to reproductive health of adolescents and adults.

Life Style Diseases: Diabetes, hypertension, insomnia and heart diseases. HIV/AIDS and Cancer.

Pornography: Problem and implications, cybercrime and its implications. Positive and negative impacts of social media.

Unit – IV

Problems of Schedule Castes, Schedule Tribes, Other Backward Classes; Religious-Cultural and Linguistic Minorities and Sexual Minorities (LGBTQ). Affirmative actions taken by state for eradication of their problems.

Suggested Readings:

1. Ahuja, Ram (1993) : *Indian Social System*, Jaipur: Vedam Book House.
2. Bakshi, P. M.(1999) : *The Constitution of India*, Delhi: Universal Law Publishing Co. Pvt. Ltd
3. Beteille, A. (1981) : *The Backward Classes and the New Social Order*, New Delhi: Oxford University Press.
4. Fichter, Joseph H. (1973) : *Sociology*, London: The University of Chicago Press
5. Hutton, J. H. (1983) : *Caste in India*, Bombay: Oxford University Press.
6. Horton, Paul B. and L. Chester Hunt (1964) : *Sociology*, McGraw-Hill Book Company.
7. Iyer, V.R.K. (1980) : *Some Half Hidden Aspects of Indian Social Justice*, Lucknow: Eastern Book Company.
8. Kapadia, K. M. (1966) : *Marriage and Family in India*, Bombay: Oxford University Press.
9. Prabhu, P. H. (1963) : *Hindu Social Organization*, Bombay: Popular Prakashan.
10. Saraf, D. N. (1984) : *Social Policy* (Eds.), Law and Protection of Weaker Sections of Society, Lucknow: Eastern Book.
11. आहूजा, राम, (2000) : *सामाजिक समस्याये*, रावत प्रकाशन, जयपुर एवं नई दिल्ली।
12. पाठक, आर.सी. (2008) : *सामाजिक समस्याये*, विजय प्रकाशन मन्दिर, वाराणसी।
13. मदन, जी.आर., (2000) : *भारतीय सामाजिक समस्याये*, विवेक प्रकाशन, नई दिल्ली।

B.A. III
First Paper
Social Policy and Development

Course Objectives:

- 1- To empowering the idea and analyse of social policy and its programme.
- 2- To know the arena of Indian social planning.
- 3- To introduce the concept of social security and their measure.

Unit-I

Social Policy: Concept, definition, targets, functions, fields and objectives. Principles and needs of social policy. Formulation of social policy.

Unit-II

Operative Status of Social Policy in India: Directive Principles of State. National Policy for the empowerment of women, National Policy for the aging. New Population Policy. National Policy for disabled. Reservation in civil services.

Unit-III

Social Planning and Social Security: concept, needs, objectives. Process of social planning, NITI Ayog, National Development Council, Five Year Plans in India. Social Security: meaning, types. Legal provisions for social security - EPF Act,1952; ESI Act, 1948; MB Act, 1961.

Unit-IV

Social Development: concept, meaning and scope of development. Inclusive development, human development, sustainable human development. Development as Human Rights.

Suggested Readings:

- 1- Bakers, Gary (1993) : *Human Development Revisited* , Chicago University Press.
- 2- Chakravathy, Sukhamoy (1997): *Development Planning : The Indian Experience*, Oxford University Press.
- 3- Das, K. Debendra (1994): *Structural Adjustment is the Indian Economy* (ed.), Deep and Deep Publications, New Delhi.
- 4- Dutt, Rudra (ed.) (2002) : *Second Generation Economic Reforms in India*, (ed.) Deep and Deep Publishers, New Delhi.
- 5- Dreze, Jean and Amartya Sen (1996) : *Indian Development: Selected Regional Perspectives*, Oxford University Press.
- 6- Dutt and Sundaram (1995) : *Indian Economy*, Sultan Chand and Company Ltd.
- 7- Gore, M.S. (1985) : *Social Aspects of Development*, Rawat Publications, Jaipur.
- 8- Haq, Mahbub ul (1976): *Poverty Curtain*, Oxford University Press.
- 9- Haq, Mahbub ul (1998) : *Reflections on Human Development*, Oxford University Press.
- 10- Kulkarni, P.D. and M.C. Nanavatte (1997) : *Social Issues in Development*, Opal Publishing House.
- 11- Reddy, Y.Venugopal (1979) : *Multi Level Planning in India*, Vikas Publications, New Delhi.
- 12- Srivastava, S.P. (1998) : *The Development Debate: Critical Perspectives* (ed.) Rawat Publications, Jaipur
- 13- Todaro, M.P. (1997) : *Economic Development in the Third World*, Hyderabad, Orient Longman.

B.A. III

Second Paper

SOCIAL JUSTICE AND HUMAN RIGHTS

Course Objectives:

- 1- To develop understanding to students the concept of social justice and human rights.
- 2- To empowered the students for analysis of violation of basic parameters of human rights.

Unit-I

Social Justice: Concept and meaning, philosophy and approaches of social justice.

Types - Social, economic and political.

Indian System of Social Justice - executive, legislature and judiciary.

Unit-II

Role of media and civil society for ensuring social justice Efforts for social justice by Rammohan Roy, Ramabai, Jotirao Phule, Savitribai Phule, M.K.Gandhi and Dr. B.R. Ambedkar.

Unit-III

Human Rights- Concept, need and scope. Universal Deceleration of Human Rights; International status of human rights.

Unit-IV

Indian Constitution and Human Rights. National and Uttar Pradesh Human Rights Commission: structure and functions. Status of human rights in India.

Suggested Readings:

1. Chaudhary, Anil Kumar (2017): *Samkalin Samaj Karya Chetra* (eds.), Varanasi: Pilgrims Publishing.
2. Chakravarti, Uma (1998) : *Rewriting History: The Life and Times of Pandita Ramabai*, New Delhi: Kali for Women.
3. Gupta, Nimisha and B.D. Pandey (2017): *Samaj Karya Evam Samajik Nyaya*, New Delhi: Alternotes Press
4. Guha, Ramchandra (2012): *Makers of Modern India*, New Delhi: Viking, Punguin Group.
5. Iyer, V.R. Krishna (1987): *Social Justice: Sunset or Dawn*, Eastern Book Co.
6. Kapoor, S.K. (2013): *Manav Adhikar*, Allahabad: Central Law Agency.
7. Keer, Dhananjay (2016): *Dr. Babasaheb Ambedkar Jeevan - Charit*, Popular Prakashan.
8. Mishra, Mahendra K. (2012): *Bharat Mein Manvadhikar*, ARS Publishers and Distributor.
9. Prabhu, R. K. and U. R. Rao (1999): *Mahatma Gandhi Ke Vichar*, New Delhi: National Book Trust.
10. Rawls, John (1999): *A Theory of Justice*, Harvard University Press.
11. Sharma, Subhash (2014): *Bharat Mein Manvadhikar*, India: National Book Trust.

B.A. III
Third Paper
Social Action and Social Movement

Course Objective:

- 1- To know the understanding of social action and related roles of social workers.
- 2- To discuss the various social action movements in India.
- 3- To explore the causes and results of social reform movements.

Unit - I

Social Action: Meaning, objectives, features, types, principles, strategies, techniques of social action, Steps of social action, approaches. Role of social worker as social activist.

Unit - II

Social Action in India: Satyagraha, The Rowlatt Act Satyagraha, The Salt Satyagraha, The Nagpur Flag Satyagraha, The Borsad (Kheda district, Gujarat) Satyagraha, The Vaikom Satyagraha, Chetna March in Panchmahal and Sabrakantha districts of Gujarat, Mahila Mukti Morcha – Dalli Rajhara, Narmada Bachao Andholan.

Unit - III

Social Reform movement in 19th and 20th Century : Christian Missionary, Brahma Samaj, Arya Samaj, Theosophical Society, Ramakrishna Mission and Prarthana Sabha, **Historical review of early experiments in rural development** with reference to Sriniketan, Gurgaon, Bhudan, Gram Dan and Nilokheri project.

Unit -IV

Famous Movement: Swadeshi movement 1905, Non-cooperation Movement (Asahayog Andolan), Save silent valley movement 1973, Chipko movement 1973, Apikko Andolan, Namantar Andolan 1978, Jungle bachao Andolan 1980, Narmada Bachao Andolan 1985, Anti-Corruption Movement 2011, Nirbhaya Movement 2012.

Suggested Readings:

1. Ahmad, M. R. (1969): *Samaj Karya: Darshan Evam Pranaliyan*, British Book Depot, Lucknow.
2. Britto, Gabriel A. A. (1984): "Some Principles of Social Action" in H.Y. Siddiqui (Ed.) *Social Work and Social Action*, Harnam Publications, Delhi.
3. Chowdhry, D. Paul (1983): *Introduction to Social Work*, Atma Ram & Sons, New Delhi.
4. Das Gupta, Sugata (1987): "Social Action" in *Encyclopaedia of Social Work in India*, Vol. 3, Publications Division, GoI, Delhi.
5. Desai, Armaity S. (1984): "Social Action and the Social Work" in H.Y. Siddiqui (Ed.) *Social Work and Social Action*, Harnam Publications, Delhi.
6. Friedlander, W. A. (1958): *Concept and Methods of Social Work*, Eaglewood Prentice Hall
7. Freire, Paulo (1972): *Pedagogy of the Oppressed*, Penquin, Middlesex.
8. Khinduka, S.K. and Bernad J. Coughlin (1975): "A Conceptualisation of Social Action", *Social Service Review*, 49 No. 1, March.
9. Misra, P. D. (2003): *Samaj Karya: Itihas, Darshan Evam Pranaliyan*, New Royal Book Co., Lucknow
10. Paul, Joseph E. (1971): "Social Action for a Different Decade", *Social Service Reivew*, 45, No. 1, March.
11. Singh, Surendra & R.B.S. Verma (2002): *Bharat Mein Samaj Karya Ka Kshetra*, New Royal Book Co., Lucknow.
12. Soodan, Kripal (1983): *Samaj Karya Darshan, Etahas Evam Pranaliyan*, Nav Jyoti Scientific Publications, Lucknow.
13. Soodan, Kripal (1988): *Samaj Karya: Siddhanta Evam Abhyas*, Nav Jyoti Scientific Publications, Lucknow.
14. Siddiqui, H.Y. (1984): *Social Work and Social Action*, (ed.) Harnam Publications, Delhi